

A Good Minister - The Workout plan

How we should be ***exercising ourselves unto godliness*** in God's Gym! **Col 2:7; Acts 24:16**

The Word of God's _____ regarding your spiritual physique.
Eph 6:10; 1 Cor 16:13; 1 Pet 5:10

Too many of us are still struggling with just the weight bar of life. **Heb 5:12-14**

How do I get _____ in the Lord?

The Key to strength: We must find the _____ for all strength.

1. You must be saved. **Eph 6:10; Rom 5:6**

KEY: You cannot live _____ without God! **Psa 118:14**

You must tap the spiritual power source...

2. You must put the flesh in the _____ of Christ! **Phil 3:4-7; 2 Cor 12:7-10**

- If I will be strong in the Lord... again, I must tap into the source! **Zec 4:6**
- You cannot " _____ " yourself to be a good Christian! **John 3:30; Phil 4:13; Col 1:11**
- God is your workout partner! He will help you Feel the Burn! **Eccl 1:13**

3. Tap into the _____ ! **1 Pet 2:1-2; Psa 138:3; Prov 24:5**

- **Why be strong?**
1 John 2:14

Rom 15:1

2 Tim 4:17



1 TIMOTHY – LEADERSHIP IN LOCAL CHURCH MINISTRY

3 key requirements for believers if they are to _____ up spiritually.\

1. Exercise your _____.

- God gives every man a _____ of faith! **Rom 12:3**
- Faith is a spiritual muscle – if you don't use it – it _____ away!
The more you use it, the stronger, the bigger it gets!
Luke 17:5; 2 Cor 10:15; 2 Thess 1:3
- *Our problem is when we follow the faithless!* **Jude 1:18-20**
- If you want big strong faith muscles – exercise!
Ex: Abraham. Rom 4:20-22
- Do you know how your faith increases?
You trust God, and he comes thru for you.



2. Never be _____ with the growth level of your spiritual physique.

Spiritual body builders spend time looking in the mirror of God's Word to see weak spots that need work!

- **Grace. 2 Pet 3:18**
- **Love. 1 Thess 3:12**
- **Word. Col 1:10**

3. Understand the key growth factor for spiritual development.



Get _____ with God!

Psa 92:12; Heb 12:1